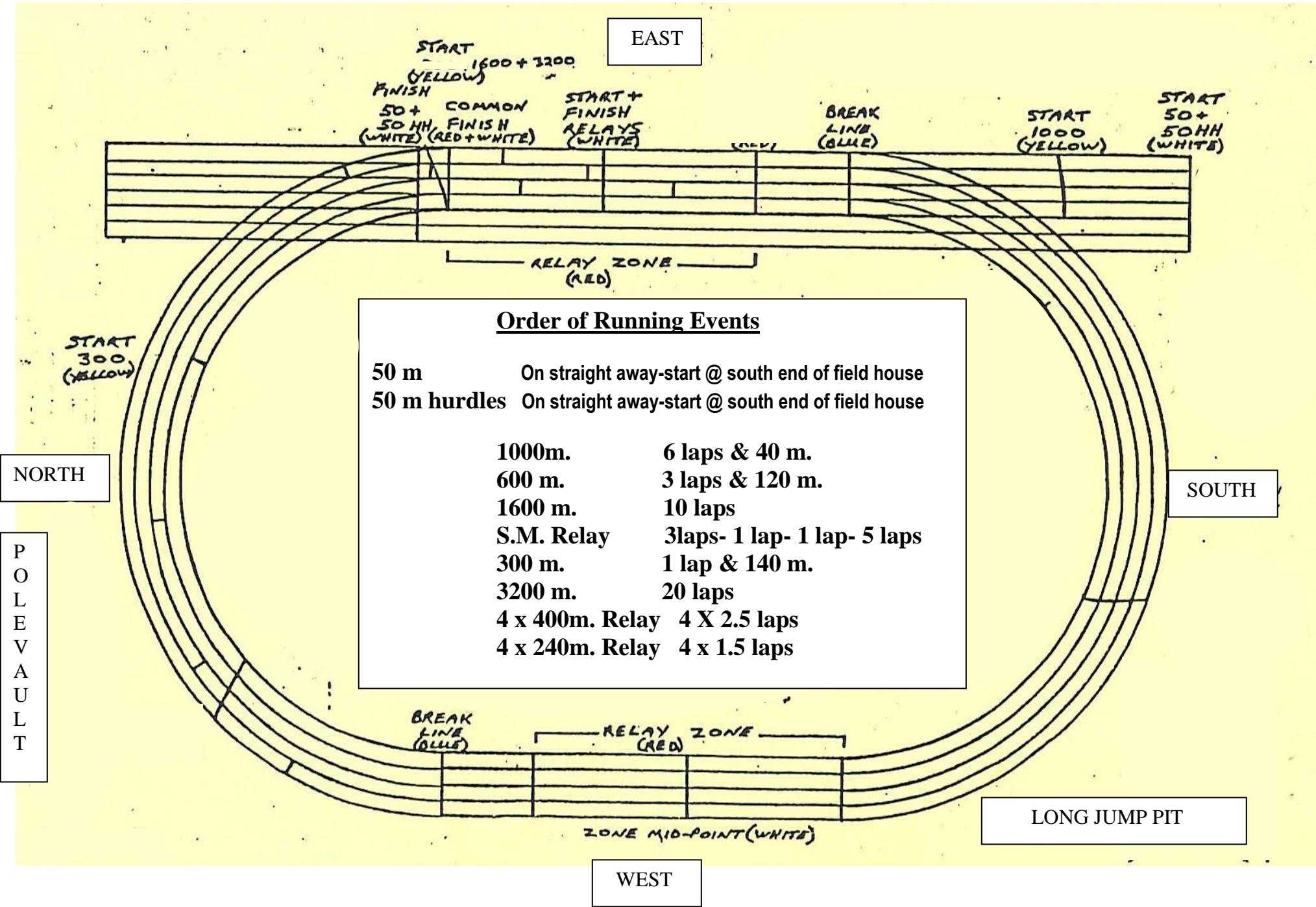


# STAPLES HIGH SCHOOL FIELD HOUSE



EAST

START  
1600 + 3200  
(YELLOW)  
FINISH  
50+ COMMON  
50 MH FINISH  
(WHITE) (RED+WHITE)

START +  
FINISH  
RELAYS  
(WHITE)

BREAK  
LINE  
(BLUE)

START  
1000  
(YELLOW)

START  
50+  
50MH  
(WHITE)

RELAY ZONE  
(RED)

**Order of Running Events**

50 m	On straight away-start @ south end of field house
50 m hurdles	On straight away-start @ south end of field house
1000m.	6 laps & 40 m.
600 m.	3 laps & 120 m.
1600 m.	10 laps
S.M. Relay	3laps- 1 lap- 1 lap- 5 laps
300 m.	1 lap & 140 m.
3200 m.	20 laps
4 x 400m. Relay	4 X 2.5 laps
4 x 240m. Relay	4 x 1.5 laps

NORTH

SOUTH

P  
O  
L  
E  
V  
A  
U  
L  
T

BREAK  
LINE  
(BLUE)

RELAY ZONE  
(RED)

ZONE MID-POINT (WHITE)

LONG JUMP PIT

WEST