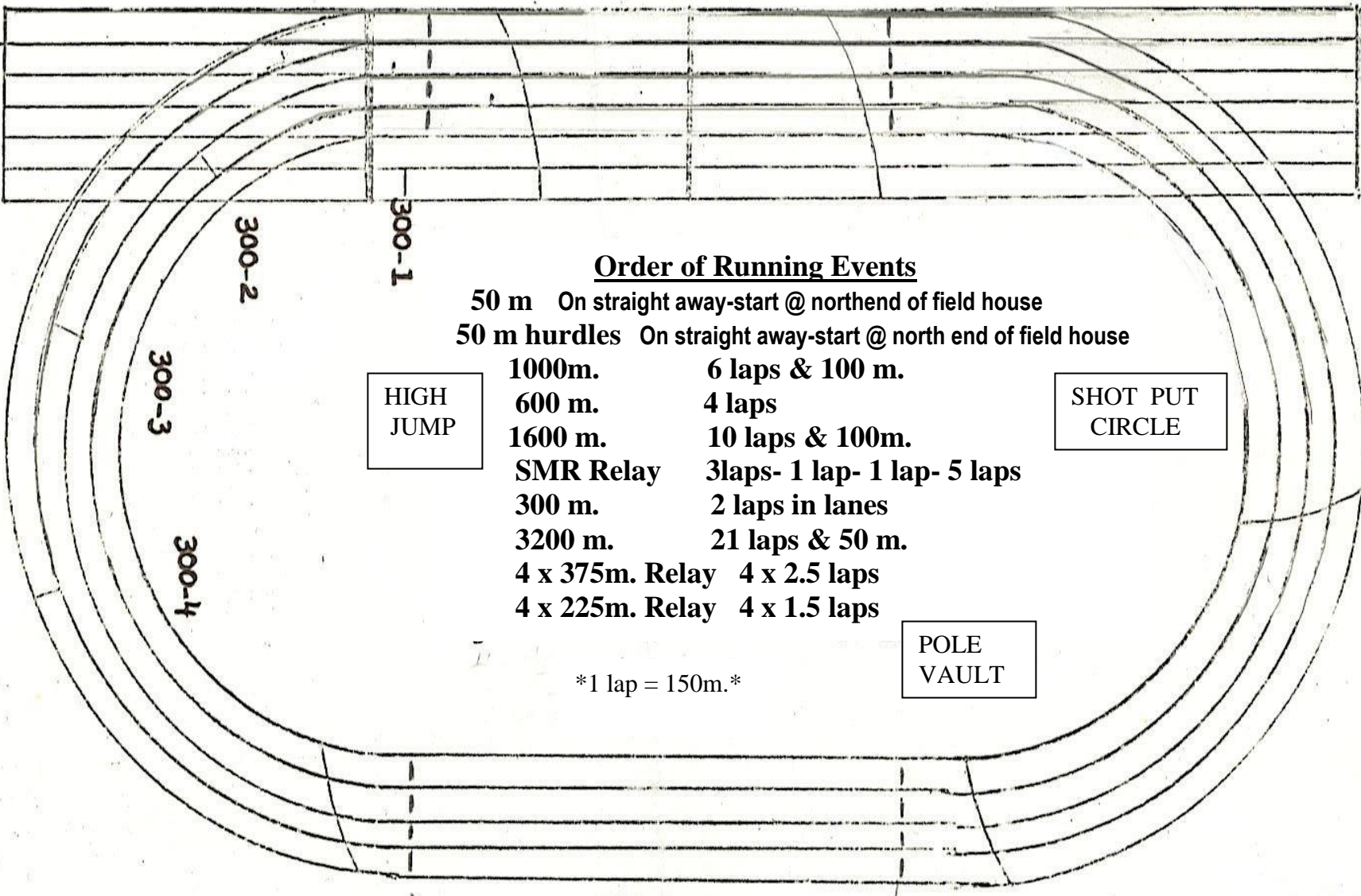


WILTON HIGH SCHOOL
FIELD HOUSE

Relays
Start & Finish

45 M Start

R
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S
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Order of Running Events

- 50 m On straight away-start @ northend of field house
- 50 m hurdles On straight away-start @ north end of field house
- 1000m. 6 laps & 100 m.
- 600 m. 4 laps
- 1600 m. 10 laps & 100m.
- SMR Relay 3laps- 1 lap- 1 lap- 5 laps
- 300 m. 2 laps in lanes
- 3200 m. 21 laps & 50 m.
- 4 x 375m. Relay 4 x 2.5 laps
- 4 x 225m. Relay 4 x 1.5 laps

HIGH
JUMP

SHOT PUT
CIRCLE

POLE
VAULT

LONG JUMP PIT

1 lap = 150m.

E
N
T
R
A
N
C
E

1000 M

Passing
Zone