

| 400 Meters | | | 600 Meters | | | 800 Meters | | | 1000 Meters | | | 1600 Meters | |
|------------|------------------|------|------------|-----------------|------|------------|------------------|------|-------------|-----------------|------|-------------|------------------|
| 50.40 | Qasim Danazumi | 2017 | 1.27.30 | Harry Warnick | 2011 | 1.55.80 | Harry Warnick | 2012 | 2.32.89 | Harry Warnick | 2011 | 4.12.87 | Alex Mocarski |
| 51.20 | Tobias Hernandez | 2017 | 1.28.04 | Alex Petrecca | 2014 | 1.57.64 | Alex Mocarski | 2017 | 2.35.70 | Charlie Kieffer | 2015 | 4.16.94 | Harry Warnick |
| 51.54 | Joey Ciccarelli | 2017 | 1.28.63 | Charlie Kieffer | 2014 | 1.57.74 | Charlie Kieffer | 2016 | 2.40.55 | Alex Petrecca | 2014 | 4.22.32 | James Maniscalco |
| 52.04 | Mohammed Seyal | 2014 | 1.29.02 | Miguel Garcia | 2007 | 1.58.42 | Joey Ciccarelli | 2017 | 2.41.89 | Ryan Muhlenberg | 2019 | 4.23.50 | AJ Hutchens |
| 52.79 | Alex Mocarski | 2017 | 1.29.05 | Nick Gans | 2012 | 1.59.40 | AJ Hutchens | 2019 | 2.42.65 | Dan Robb | 2005 | 4.28.41 | Will Brisman |
| 53.00 | Charlie Kieffer | 2016 | 1.29.11 | Mike Robb | 2009 | 2.00.31 | Alex Petrecca | 2015 | 2.42.88 | Greg Vogt | 2019 | 4.29.00 | Connor Oday |
| 55.10 | Nick Gans | 2014 | 1.29.13 | AJ Hutchens | 2020 | 2.01.49 | Ryan Muhlenberg | 2019 | 2.44.44 | AJ Hutchens | 2020 | 4.29.82 | Greg Vogt |
| 56.20 | Diego Galvez | 2009 | 1.29.70 | Alex Mocarski | 2018 | 2.02.40 | Jackson Stearns | 2015 | 2.45.12 | Jackson Stearns | 2015 | 4.30.05 | Aidan Fiol |
| 56.20 | James Maniscalco | 2017 | 1.31.52 | Jackson Stearns | 2015 | 2.02.60 | Noah Igram | 2019 | 2.48.07 | Danny Jagoe | 2018 | 4.33.12 | Dylan Pomer |
| 56.30 | Ryan Muhlenberg | 2018 | 1.31.52 | Philip Galletta | 2018 | 2.02.90 | Danny Jagoe | 2018 | 2.48.09 | Alex Mocarski | 2018 | 4.34.67 | Charlie Kieffer |
| 56.65 | Stuart Peters | 2013 | 1.32.26 | Corey Katz | 2007 | 2.03.50 | James Maniscalco | 2018 | 2.48.30 | Connor O'Day | 2013 | 4.35.47 | Noah Igram |
| | | | | | | 2.05.18 | Bryan Stephan | 2008 | 2.50.83 | James Manicalco | 2018 | 4.36.27 | Peter Biegel |
| | | | | | | 2.06.86 | Roman Colao | 2015 | | | | 4.37.50 | Jeremy Garskof |
| | | | | | | | | | | | | 4.37.60 | Danny Jagoe |
| | | | | | | | | | | | | 4.38.0 | Ryan Muhlenberg |
| | | | | | | | | | | | | 4.41.57 | Alex Petrecca |
| | | | | | | | | | | | | 4.41.77 | Sam Parton |

