

## FWHS Boy's Outdoor Track School Records

Event	Year	Meet	Record Holder(s)	School Record
110 Meter High Hurdles	2017	FCIACs	David Harvey	15.4
300 Meter Hurdles	2005	New England	Jeff Gato	40.74
100 Meters	2017	Warde	Qasim Danazumi	10.8
200 Meters	2018	Ludlowe	Qasim Danazumi	21.9
400 Meters	2017	Warde	Qasim Danazumi	50.4
800 Meters	2012	Ridgefield	Harry Warnick	1.55.8
1600 Meters	2018	State Open	Alex MocarSKI	4.12.87
1 Mile	2018	Loucks	Alex MocarSKI	4.14.69
3200 Meters	2012	Open	Harry Warnick	9.12.72
2 Mile	2011	Lindy Remigino	Harry Warnick	9.21.99
3000 Meters	2012	Penn Relays	Harry Warnick	8.36.37
5000 Meters	2018	Amity	James Maniscalco	15.15.66
4 x 100 Meters	2018	Home	Qasim Danazumi, Tobias Hernandez, Tyler Llewellyn, Matt Cerminaro	43.9
4 x 400 Meters	2017	Warde	Joey Cicarrelli, Qasim Danazumi, Tobias Hernandez, Joel Urizar	3.27.7
4 x 800 Meters	2018	FCIACs	Noah Igram, Danny Jagoe, James Maniscalco, Alex MocarSKI	8.01.42
Sprint Medley	2012	O'Gradys	Drake Bist, Joe Miro, Connor O'Day, Stuart Peters	3.54.08
Distance Medley	2012	O'Gradys	Nick Gans, Connor O'Day, Stuart Peters, Harry Warnick	10.56.64
Long Jump	2016 / 2018	Warde	Oliver Bogan / Luke DeMato	20' 6"
Triple Jump	2017	Warde	David Harvey	42' 10"
High Jump	2006		Jared Neff	6' 4"
Pole Vault	2007	State Open	Mike Wood	12'
Shot Put	2014	Norwalk	Colin McKeown	43' 5"
Discus	2016	FCIACs	Biani Noubissi	133' 8"
Javelin	2015	Class L	Mike Kathein	159' 6"
Hammer	2007		Joe Kenny	37.56 meters
Decathlon	2016	States	David Harvey	4495
3000 Meter Steeplechase	2007		Matt Kane	10.08.99