

FWHS Girl's Indoor Track and Field Records

| Event | Year | Meet | Record Holder(s) |
|-----------------|------|-------------------|--|
| 45 Meters | 2015 | Division | Stephanie Sheehan |
| 45 Hurdles | 2015 | Division | Stephanie Sheehan |
| 50 Meters | 2016 | Staples | Hannah Keating |
| 50 Hurdles | 2015 | Staples | Stephanie Sheehan |
| 55 Meters | 2015 | FCIACs | Stephanie Sheehan |
| 55 Hurdles | 2015 | FCIACs | Stephanie Sheehan |
| 300 Meters | 2013 | FCIACs | Lia Joham |
| 400 Meters | 2017 | Yale Invitational | Carly Pavoni |
| 600 Meters | 2012 | Wilton | Cate Allen |
| 800 Meters | 2013 | Yale Invitational | Katie Tangney |
| 1000 Meters | 2014 | FCIACs | Cate Allen |
| 1600 Meters | 2014 | Class L | Cate Allen |
| 1 mile | 2010 | Yale Invitational | Meg Ryan |
| 3000 Meters | 2014 | Yale Invitational | Cate Allen |
| 3200 Meters | 2017 | State Open | Gabi Galletta |
| 5000 Meters | 2017 | Nationals | Gabi Galletta |
| 55 M Shutter | 2013 | Hillhouse Relays | Stephanie Sheehan and Zoe Robbin |
| 4x 200 Relay | 2008 | Class L | Amy Varga, Leah Temes, Ashley Momplasil, Allie Taikowski |
| 4 x 400 Relay | 2013 | State Open | Cate Allen, Paige Hanley, Lia Joham, Lauren Levine |
| 4 x800 Relay | 2013 | FCIACs | Cate Allen, Paige Hanley, Caroline Keough, Katie Tangney |
| Sprint Medley | 2011 | State Open | Sarah Collins, Cate Allen, Mackenzie Dancho, Victoria Edison |
| Distance Medley | 2013 | Hillhouse Relays | Cate Allen, Hannah Dougherty, Quinn Igram, Sarah Reilly |
| 4 x 1 Mile | 2012 | Armory- Nationals | Lexi Hoadley, Caroline Keough, Jillian Tallent, Jackie Wall |
| Shot Put | 2008 | State Open | Julia Arduini |
| High Jump | 2022 | Wilton | Meg Barnouw |
| Long Jump | 2010 | Class L | Allie Taikowski |
| Pole Vault | 2014 | McGreavy | Erika Leppla |

| Mark |
|-------------|
| 6.45 |
| 7.5 |
| 7.13 |
| 8.37 |
| 7.55 |
| 8.79 |
| 42.7 |
| 63.20 |
| 1.44.36 |
| 2.32.07 |
| 2.59.4 |
| 4.57.40 |
| 4.59.02 |
| 10.07.63 |
| 10.59.88 |
| 19.15.32 |
| 20.19 |
| 1.51.16 |
| 4.12.77 |
| 9.46.45 |
| 4.25.75 |
| 13.14.78 |
| 22.12.95 |
| 38' 2 " |
| 5' 2" |
| 15' 11.25" |
| 8' 6" |